

Cannabis legalization happens October 17, 2018 in Canada. As a parent, you may have some questions or wonder how to answer your child's questions. Make it an informed conversation by knowing the facts:

- You have to be 19 years old to <u>purchase</u> cannabis in Ontario.
- The only legal <u>access</u> to cannabis for non-medical purposes as of October 17, 2018 is via the online Ontario Cannabis Store.
- Cannabis can be used anywhere that tobacco can be smoked, for example in private residences, outdoor spaces of private residences and outdoor spaces according to the Smoke Free Ontario Act.

In your conversation with your children:

- Set clear standards and communicate them to your kids.
- Make sure you are informed.
- Share facts in a non-judging manner.

Check out the <u>Cannabis Talk Kits</u> to help start the conversation, download a copy or contact your local public health unit for a copy of the booklet.

Believe it or not, **YOU** are the number one influence in your child's life.

Additional Websites for Parents:

Cannabis Communication Guide for Youth Allies www.ccsa.ca
Parent Action on Drugs (PAD) www.parentactionondrugs.org
Centre for Addiction & Mental Health (CAMH) www.camh.ca
Drug Free Kids Canada www.drugfreekidscanada.org
Grey Bruce Health Unit www.publichealthgreybruce.on.ca